

Day to be Commemorated	Date	Notes:
New Year's Day	Jan. 1	
Errol Barrow Day	Jan. 21	National hero; inspire national pride; Target: general Barbadian population
BRCS and Ministry of Health Men's Health Event: Prostate Health Screening at BRCS Headquarters	February	Flyer and name to be confirmed
World Cancer Day	February 4	<ul style="list-style-type: none"> • More than 300 men are diagnosed with prostate cancer annually in Barbados • Figures from 2018 show 113 men died from the disease • Highlight lifestyle change
Disabilities Month	March	Promoting equal access for all
International Women's Day	March 8	Celebrate women leaders in the movement and our many female staff and volunteers
Global Recycling Day	March 18	Connect recycling and mitigation.
World Water Day	March 22	Promote issues of access to clean water
World Meteorological Day	March 23	Theme: The Future of Weather, Climate and Water across Generations. BRCS promotes the message of conservation and mitigation. Celebrates partners at the Met Office
World Health Day	April 7	Promoting equal access to quality healthcare. Health as a building block of resilience
Earth Day	April 22	Protecting the natural environment; "No littering" messaging
National Heroes Day	April 28	Celebrating our National Heroes and our everyday heroes on the ground
Labour Day/ May Day	May 1	
Child's Month	May	Promote the rights and well-being of Barbadian children
World Red Cross Day	May 8	Celebrating the RCRC Movement. Thanking our staff, volunteers and partners. Can highlight history of BRCS; History of RCRC Movement
Mother's Day	May 12	Celebrating mothers in the movement and across island
International Nurses Day		Thank nurses for excellent service to the Barbadian public
World Hypertension Day	May 17	<p>Barbadians are among the people in the region suffering with the highest incidence of high blood pressure, which can lead to sudden deaths and heart attacks</p> <p>Hypertension was the leading cause of death in Barbados</p>

		Encourage lifestyle change (exercise, manage blood pressure, diet)
Start of Hurricane season	June 1	Preparedness message. Tips to be shared throughout the season
World Environment Day	June 5	Protect and preserve the environment for present and future generations
Father's Day	June 16	Celebrating father in the movement and across island
Caribbean Mosquito Awareness Week	June 20-26	
Emancipation Day	August 1	Marked on August 1 to commemorate the anniversary of the Slavery Abolition Act 1833
World Humanitarian Day	Aug. 19	Celebrate humanitarian work. Our volunteers and staff who give so much of themselves to help others
Caribbean Wellness Week	September	Promote healthy lifestyle changes
International Day of Peace	Sept.21	Target: General Population
Breast Cancer Awareness Month	October	Early detection saves lives
World Mental Health Day	Oct. 10	Youth and Mental Health. Building a "happier" and healthier society.
World Obesity Day	Oct. 11	Promote healthy lifestyle changes
International Day of Disaster Reduction 2024	Oct. 13	Addresses the connection between disasters and inequality
World Food Day	Oct. 16	Highlight Meals on Wheels – meeting a key need of society's most vulnerable (elderly, infirmed, shut-ins)
World Diabetes Day	Nov. 14	Promote healthy lifestyle changes
Universal Children's Day/ International Day of the Child	Nov. 20	Promote the rights and well-being of Barbadian children
International Day of Violence Against Women	Nov. 25	<p>People affected by disasters can have very different experiences. A person's sex, gender identity, age, physical ability, race, nationality and many other factors can influence how they are vulnerable to, and affected by disasters, conflicts and crises. They can also affect how they respond and recover.</p> <p>Emergencies can also make existing inequalities worse. This can be seen in the increase in incidences of sexual and gender-based violence (SGBV), violence against children and trafficking in human beings during and after emergencies</p>
<ul style="list-style-type: none"> • Republic Day • End of Hurricane season 	Nov. 30	<ul style="list-style-type: none"> • Wishing the public a Happy Republic Day • Focus on Preparedness to be better prepared next year
World AIDS Day	Dec. 1	Promoting healthy lifestyle and celebrating our progress in managing HIV/AIDS

International Day of Persons with Disabilities	Dec. 3	Promoting equal access for all
International Volunteer Day	Dec. 6	Celebrate our volunteers. The heart of our National Society. We can do nothing without You. Become a volunteer now